

# **GEAR**

## **for MEXICO'S VOLCANOES**

### **CLOTHING**

Hiking Boots that will keep your toes warm at extreme temperatures (mountaineering and plastic alpine boots are recommended, but are not always necessary for either volcano)

Sock Liners (2)

Heavy Socks (2)

Hat (thermal)

Hat (sun protection)

Sunglasses and/or goggles

Rainproof Shell (Jacket & Pants)

Fleece jacket

Down jacket

Polypropylene long underwear (tops & bottoms)

Thermal Gloves

Gaiters

Clothes for traveling and wearing around town

### **TECHNICAL GEAR**

Trekking Poles

Headlamp & Extra Batteries

Ice Axe

Crampons

Harness

Helmet

Locking Carabiners (3)

Daisy Chain or sewn runner

### **CAMPING GEAR**

Tent (rated as a four season tent)

Sleeping Bag (rated to at least 0 degrees F)

Sleeping Pad (two foam pads or one inflatable pad)

### **PERSONAL KITCHEN GEAR**

One-liter water bottles (2)

Bowl/Cup/Spoon/Fork

### **OTHER IMPORTANT GEAR**

Large backpack  
Small backpack (for travel & summit day)  
Bathroom & Hygiene products  
Camera  
CamelBak bladder (must have an insulated hose to avoid freezing)  
Large Duffel Bag for travel  
Passport and airplane tickets

**ANY GEAR THAT CLIENTS DON'T HAVE CAN BE RENTED FOR A NOMINAL FEE. PRICES VARY DEPENDING ON SOURCE. GUIDE COMPANY MAY OPT TO PROVIDE SOME INDIVIDUAL GEAR, INCLUDING TENTS, BAGS, PADS, KITCHEN GEAR, ETC.**