

The Ups and Downs of Climbing Mexico's Volcanoes

Just to give you an idea of what to expect in terms of elevation gain and loss during our adventure, I have put together this elevation guide.

<u>Day #</u>	<u>Destination</u>	<u>Altitude</u>
1	USA to Amecameca (fly and drive)	various ft. – 8,000 ft.
2	Amecameca to Paso de Cortez (drive) Paso de Cortez to La Joya camp (hike)	8,000 ft. – 11,000 ft. 11,000 ft. – 12,800 ft.
3	hiking around La Joya camp (hike)	12,800 ft. – 15,000 ft. – 12,800 ft.
4	move to higher camp (hike)	12,800 ft. – 15,000 ft.
5	climb Iztaccihuatl (hike) and return to Amecameca (drive)	15,000 ft. – 17,343 ft.
	– 8,000 ft.	
6	Amecameca to Tlachichuca (drive)	8,000 ft. – 8,500 ft.
7	to Piedra Grande hut (drive)	8,500 ft. – 14,000 ft.
8	hike around Piedra Grande hut (hike)	14,000 – 15,500 ft. – 14,000 ft.
9	climb Citlaltepctl (hike) and return to Tlachichuca (drive)	14,000 ft. – 18,700 ft. – 14,000 ft. 14,000 ft. – 8,500 ft.
10	Tlachichuca to Mexico City and return home to Tucson	8,500 ft. – 7,800 ft. 7,800 ft. – various ft.