

Copper Canyon Trails Burro Trek Suggested Clothing/Equipment List

Clothing:

Well broken-in leather hiking boots or sturdy trail shoes
Tennis shoes or water sandals (compatible with socks) for camp and water crossings
1 long-sleeved hiking shirt with collar- non cotton
2 t-shirts- non cotton
1 pair hiking long pants- non cotton
1 pair hiking shorts OR swim suit OR quick dry nylon shorts
2-3 pairs hiking socks- wool/synthetic
Underwear
1 set mid-weight long underwear top and bottom (non-cotton)
Sunhat with wide, stiff brim
1 bandana
1 rain jacket- lightweight and breathable is advisable
1 warm jacket or sweater- fleece is fine for Mar-Oct.
Down jacket or vest for winter trips
Warm hat and gloves

Equipment and Gear:

Dufflebag for packing gear, with waterproof liner (dry bag or trash compacter bag)
Daypack for personal gear during day hikes
12 - 25 liter/800 - 1500 cubic inch drybag for river crossings
Midweight sleeping bag (40 to 32 degrees F/8 - 0 degrees Celsius)
Sleeping pad
2 one liter drinking bottles (minimum 2 liter capacity)
Basic Personal First Aid Kit: sunscreen, lip balm, insect repellent
toiletry items: toothbrush & paste, shampoo (Biodegradable), toilet paper -double bagged
personal meds, ibuprofen or aspirin, knee/elbow brace....
headlamp or small flashlight with extra batteries
sunglasses
hiking or trekking poles
camp towel or wash cloth

Optional:

cotton or silk sheet sleeping sack
small pocketknife
books, field guides
Your favorite trail snacks
camera & extra film or memory card, batteries
binoculars
reading material, bored games, cards, small gifts for local kids
Pesos (Moneda Nacional) in small bills for crafts or remote stores

Additional Gear for BACKPACKING only:

Everybody should have a compass and whistle, we have maps of the routes.
Comfortable full suspension backpack: 55-65 liter/3350-4000 cubic inches
Backpacking tent, and footprint
Cup, bowl, fork, spoon
Above all, try to keep it light! 20 kilos/45 pounds Max.